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Sacred Gifts Of A Short Life





Uncovering the Wisdom of Our Pets End of Life Journeys

BY LIZ FERNANDEZ, DVM



Synopsis

Whether you are facing the death of a loved one, human or non human, or you are in a position of providing support for someone moving through this journey, this book can provide a sense of calm in the midst of these difficult events. It offers a perspective on mortality that embraces both the profound devastation felt, as well as the amazing sacredness and grace this passage from form into formlessness invites us to experience.

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Customer Reviews

I have had Dr. Liz Fernandez as my vet for many years....I am ecstatic about the release of her book for, over the years, she has guided me through several deaths of my furry children. It has been an amazing experience for both my animals and myself. Dr. Fernandez comes from a place of simple and empowering love in dealing with this delicate time in a pet owner's life. Not only were my animals released in an atmosphere of peace and acceptance, but she created that same experience for saying goodbye to a trusted and valued friend. I was privileged to have read a final draft before publication and these stories of her real patients have such impact, with a loving understanding of what every pet owner faces, and for that matter, what every human being faces in life's journey. You will be touched, informed, subtly transformed and supported with a wonderful viewpoint that only this remarkable woman can offer because of her experience and love for life and her deep love for animals. I am proud to call her my friend, and pleased that she serves the world in such a beautiful way through this book.

Sacred Gifts of a Short Life is a wonderful book. I started reading it, and I immediately knew I had to send copies to family and friends, so I ordered more. It is not a sad book at all, but a book that warms the hearts of all pet owners. I am the owner of a golden retriever pet therapy dog, Angel. She is our fourth golden retriever, and our second therapy dog. So obviously we are dog lovers. I highly recommend this book to not only dog lovers but everyone. Jill Bernick

Dr. Liz had been treating our dear Boomer, a very large yellow Lab, with acupuncture for a swollen front leg that no one could diagnose. She came to our home once a month for almost 7 years. Boomer was always happy to see her and loved his treatment. We believed it extended his life. She helped us in April to send our dear Boomer across the rainbow bridge. What a blessing Lizwas to Boomer and our family. She remains dear to our hearts.

I love this book. I consider this a must read for any veterinary student thinking of going into small animal practice. It is a much needed referencefor every veterinary clinic and anyone who has struggled or is struggling with losing a pet.

I have known Dr. Liz since 2013 - when she started treating my beloved German Shepherd Dog, Blitz. It's impossible to adequately share my respect for her wisdom and compassion for dogs and their owners. Two weeks ago, I lost Blitz at age 13. While at that age I knew that our time together was going to be all too short, the grief I felt behind his loss was indescribable. I had previously purchased Liz' book but had not completed it yet. I turned to it for solace and it truly helped me through this terrible time. As I have moved from CA, I just bought two more copies to share with my new veterinarians, as I think it's important that they share this resource with their clients and each other. Liz is a gentle but powerful force to helping us understand and move forward during this indeed sacred but terribly difficult time.

What a great book! Yes, about the euthanasia of our pets, but so much more! It helps us look at death. Great read for vets, vet techs and anyone who owns a pet

A wonderful read for any dog lover. What an inspirational and uplifting book. I highly recommend this book to all my friends and family with dogs.

I got this book for my sister ... I read it first ... excellent book!

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